



Returning to the Nest: Home-Based Business

By Barbara Weltman, SBA Blogger

The usual scenario has been for businesses to start in the owner's home and grow to a point where commercial space is needed. However, this pattern doesn't suit everyone; some owners are leaving commercial space to go home for business or personal reasons. While there are no statistics on this type of relocation, anecdotally it does occur and may be a good option for you.

Why Use a Home Office?

It's clearly less costly to work from home than to pay commercial rent and utilities. The US Small Business Administration (SBA) says fifty-two percent of all businesses in the United States are home-based. But cost isn't the only reason to leave the confines of an office downtown to work down the hall from your bedroom.

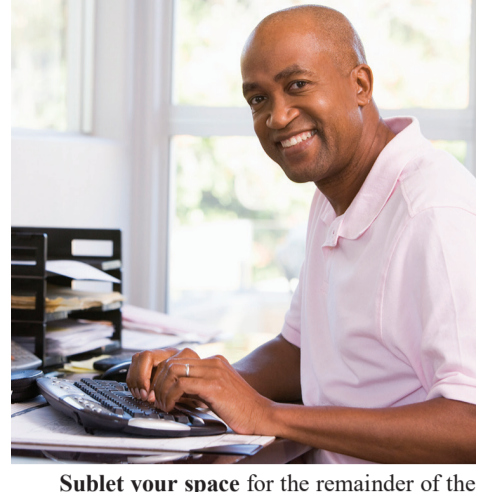
Save commuting time. You can use this time for business activities or personal endeavors. In addition to saving time, axing commuting is a cost saver as well as a reduction in your carbon footprint.

Gain work-life balance.

Working in your own home gives you some flexibility on scheduling and handling family responsibilities.

Downsize operations. Many assume that businesses only go in one direction: up (meaning they expand in revenue, employees, locations, etc.). However, for some owners, becoming smaller may be a goal, especially for those who want to transition from full-time to part-time (i.e., semi-retirement).

Collaboration today doesn't require that everyone be present in a room at the same time. Smartphones, Skype, cloud-based applications, and other means of connectivity enable you to work with others, regardless of their distance from you.



Considerations for Moving

If you lease office space, it may not be so easy to simply vacate. Legally, you're on the hook for the balance of your lease term. Even if you've incorporated or have a limited liability company, likely the landlord required you, as the owner, to co-sign or guarantee the lease payments. You may be able to avoid financial costs if you can:

Sublet your space for the remainder of the lease (check the terms of the lease to see whether subleasing is an option).

Work out terms with your landlord to get out of the lease. This usually is possible if rents in your

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Sub-Bid Requests

Railroad Construction Company, Inc.

NYCT Furnishing and Installing Flood Protection Devices Contract A-37612

at Various NYCT Facilities in the Borough of Manhattan

Bid Date: March 23, 2016 **DBE Participation Goal: 17%**

Railroad Construction Company, Inc. is preparing a bid proposal for NYCT to furnish and install various flood resistant doors, conduits and duct seals at critical rooms and manholes, stop logs/removable flood barriers and deployable flood protection devices at eight locations in the borough of Manhattan.

Railroad Construction Company, Inc. is seeking vendors, suppliers and subcontractors in the following categories:

- Aluminum Work
- Concrete & Concrete Reinforcement
- CPM Scheduling
- Drain and Vent Covers
- Electrical
- Fillers, Gaskets, Sealants and Caulking
- Fire Stopping
- Flood Related Specialty Items
- Glass and Glazing
- Grouts
- Hand Rails
- Hardware
- Hazardous Material Removals
- Maintenance and Protection of Traffic
- Masonry
- Material Testing
- Misc. Metals
- Office Supplies
- Painting
- Progress Photos
- Rodent Control
- Security/Communications
- Tile - Ceramic, Granite, Mosaic
- Tile Cleaning
- Waterproofing
- Watertight Marine Doors

For more information please contact Dale Errico at 973-413-1832 or DaleE@rcmail.net. Railroad Construction Company, Inc. is an EEO/AA Employer.

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IS SOLICITING COST PROPOSALS

FROM NEW YORK STATE CERTIFIED MWBE SUBCONTRACTORS/VENDORS

Double-Track Ronkonkoma Branch Phase II Project

MTA Long Island Railroad Contract No: 6229

Bid Date: March 24, 2016

Description of project: Design and construct 7.9 miles of trackbed and earthworks as required to establish and meet design grades for the proposed second track between LIRR Farmingdale Station and Central Islip Station, construction approximate 2 miles of temporary and permanent earth retaining structures, modification of a pedestrian underpass, modifications of eight (8) grade crossings to accommodate the second track construction and relocation of municipal utilities as required, Procure and deliver turnout and crossover materials as defined by the contract documents.

Subcontracting opportunities include but are not limited to: Geotech Instrumentation, Trucking, Haul and Dispose, Fencing, Milling, Pavement Stripping, Sidewalk and Curbs, Asphalt Paving, Precast Modular Wall, Precast Soldier Pile and Lagging Wall, Painting, Ready-Mix Concrete, Rebar Material, Fills and Stone Materials, Miscellaneous Metals, Photographer, CPM Consultant, Surveyors, Field Trailers, Janitorial Service, Inspections and Lab Testing, Dumpsters, Traffic Lights and Signals, and more.

If you are interested in bidding on this project, please contact Skanska's Outreach Coordinator: Julia.Omanoff@skanska.com

Railroad Construction Company, Inc.

LIRR - PN - TU - Jamaica Capacity Improvements Phase I Contract #6255

This Long Island Railroad project consists of various improvements to the Jamaica Station. Work will include a full platform replacement and substructure rehabilitation, installation of elevators, escalators and street-to-platform aluminum stairs, construction of platform level waiting rooms, translucent canopy roof system and drainage, installation of lighted signage and upgraded electrical services. Railroad Construction Company, Inc. is bidding this project as a Joint Venture with Cataña Construction.

Bid Date: March 21, 2016 **DBE Participation Goal: 17%**

We invite all DBE's to contact us at 973-413-1832.

Railroad Construction Company, Inc. is seeking subcontractors in the following categories:

- Acoustical Insulation
- Abatement
- Aggregate
- Architectural Finishes
- CCV System
- Construction Materials
- Construction Photography
- Contaminated Waste Disposal
- Demolition
- Doors & Hardware
- Electrical
- Engineering
- Environmental Consulting
- Escalator / Elevator
- Fencing
- Fire Suppression / Extinguishers
- Glass / Glazing / Storefront
- HVAC
- Infrastructure
- Janitorial Services
- Lath & Plaster
- Lowvoltage
- Masonry
- Materials Testing & Inspection
- Metal Wall Panels
- Office Facilities & Supplies
- Painting & Coating
- Pest Control
- Railings
- Restoration
- Roofing
- Sealants / Waterproofing
- Shotcrete
- Site Security
- Structural Concrete & Reinforcement
- Structural Steel & Misc. Metals
- Survey
- The Terrace
- Tool Accessories
- Track
- Traffic Control
- Trucking
- Utilities
- Welding

For more information please contact Dale Errico at 973-413-1832 or DaleE@rcmail.net Catherine Best at 973-413-1911 or CatherineB@rcmail.net Railroad Construction Company, Inc. is an EEO/AA Employer.

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IS SOLICITING COST PROPOSALS

FROM NEW YORK STATE CERTIFIED MWBE SUBCONTRACTORS/VENDORS

Hunts Point Wastewater Treatment Plant in Bronx, New York

New York Power Authority Contract No: ES-GSN-0762

Description of project: The project description includes, but is not limited to, the sequenced demolition and replacement of thirteen existing centrifuges with sixteen new centrifuges including associated pipe, electric, and equipment. The work includes the installation of a temporary electrical system to support the phased installation of the equipment as well as the demolition and installation of various pumps, pipe, electrical systems, and equipment to support the new centrifuge system.

Subcontracting opportunities include but are not limited to: Electrical, Painting, Security Services, CPM Scheduling, Photography, Cleaning Services, Pipe Material Furnishing, Insulation, Instrumentation, etc.

If you are interested in bidding on this project, please contact Skanska's Outreach Coordinator: Julia.Omanoff@skanska.com

Railroad Construction Company, Inc.

LIRR Double Track Ronkonkoma Branch Phase II Contract #6229

This Long Island Rail Road Design Build project is being developed to provide a new track bed parallel to the existing single track for 13 miles between Farmingdale and Central Islip.

Bid Date: March 24, 2016

MWBE Participation Goals

WBE: 15% MBE: 15%

We invite all MWBE's to contact us at 973-413-1911.

Railroad Construction Company, Inc. is seeking subcontractors in the following categories:

- Cleaning of vegetation
- Construction of precast modular and soldier pile retaining walls
- Placement of sub-ballast layer
- Right-of-way permanent fencing
- Tandem truck hauling services
- Ready-mix concrete
- Street sweeping
- Aggregate
- Survey
- CPM schedule
- Cleaning

For more information please contact Dale Errico at 973-413-1832 or DaleE@rcmail.net Catherine Best at 973-413-1911 or CatherineB@rcmail.net Railroad Construction Company, Inc. is an EEO/AA Employer.

AB American Bridge

I-278 (Gowanus Expressway) Steel Repair Contract #2

48th Street to Hugh Carey Tunnel

New York Department of Transportation (NYSDOT) Contract No: D263007

Project Bid Date: (MARCH) 2016

American Bridge Company is bidding this project as a prime contractor and is interested in receiving quotes from subcontractors, suppliers, and brokers, especially from MBE and WBE firms certified by the NYS Unified Certification Program.

The main scope of the project is miscellaneous steel and superstructure and substructure concrete repairs on I-278 (Gowanus Expressway) from 48th Street to Hugh Carey Tunnel. The following is a list of the available, but not limited to, subcontracting, fabrication, and material supply opportunities:

- Miscellaneous Structural Steel Fabrication and Repair Work
- Structural Steel Cleaning (Lead Paint) and Painting Work
- Miscellaneous Structural and Site Concrete Work
- Street and Overhead Sign Lighting and Work
- Miscellaneous HMA Paving and Subgrade Repair Work
- Bridge Expansion Joint Replacement, Repair, and Sealant Work
- Bridge Bearing Replacement and Repair Work
- Trucking and Hauling Services
- Provide MOT Setup and Devices
- Furnishing and Installation of Construction and Permanent Roadway and Overhead Signs
- Temporary and Permanent Roadway Pavement Marking Installation
- Provide Under Bridge Access and Protection System
- Miscellaneous Tree Care and Landscaping Work

This project has 12% MBE and 18% WBE utilization goals and we would appreciate any MBE and WBE assistance in helping us meet them.

Please provide feedback to American Bridge Company if your company is interested or not interested in quoting this project.

If interested, drawings and specifications can be downloaded from the NYSDOT's website.

All quotes and future correspondence should be forwarded to Bruce Luu via email (bluu@americanbridge.net) or fax (412-631-2003). Should you have any questions or need additional information, please feel free to contact Bruce at 412-631-1047.

Your quote must conform to all requirements of the bid documents, including but not limited to the plans, general provisions, special provisions, specifications, and contract for construction from the owner (including addenda thereto) and be in compliance with all federal, state, and local laws. In the event that your firm is awarded the project, you will be required to execute our standard subcontract or material supply agreement, which is available for your review upon request. Subcontractors and structural steel fabricators will be required to furnish a conforming certificate of insurance along with payment and performance bonds before entering into a subcontract, the cost of which should be included in your quotation.

American Bridge Company and its Affiliates are Equal Opportunity Employers.

1000 American Bridge Way • Coraopolis, PA 15108 • Tel 412-631-1000 • Fax 412-631-2003

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 - Scrub Clean Maintenance Bronx, New York www.scrubcleanmaintenance.com
 - Jess Security & Investigaton Bronx, New York www.jesssecurityservices.net
 - Silverite Construction Company Hicksville, New York www.silverite.com
 - Sessler Wrecking Inc. Waterloo, New York www.sesslerwrecking.com
 - Diamond Security Service Babylon, New York www.diamondsecurityservices.com
 - NJ&C Associates Carmel, New York www.njcassociates.com
 - Skanska Koch Carteret, New Jersey www.usa.skanska.com
 - Lammy & Giorgio, PA Township, New Jersey www.lgarch.com
 - GCCOM Construction Company College Point, New York www.gccom.us
 - Railroad Construction Company Paterson, New Jersey www.railroadconstruction.com
 - Admiral Staffing New York, New York www.admiralstaffinginc.com

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IS SOLICITING BIDS FROM MWBE SUBCONTRACTORS AND SUPPLIERS

CERTIFIED WITH NEW YORK STATE

I-278 (Gowanus Expressway) Steel Repair Contract #2,

48th Street to Hugh Carey Tunnel

NYSDOT Contract No: D263007

Bid Date: March 2016

Subcontracting opportunities include but are not limited to: Hazmat: Written Program, Lead Containment, Disposal and Handling, Sawcutting/Concrete Demo, Concrete Placement, Safety Netting and Shields, Painting, Blast and Paint, Steel Fabrication and Repairs, Inspection: Magnetic Particles and Ultrasonic, Drainage, Engineering, Strain Gauge Monitoring, MPT, Rodent Control, and Vibration Monitoring. Please see contract documents for further opportunities.

Interested firms please contact John Papagiannakis at Skanska Koch Inc., john.papagiannakis@skanska.com

Kiewit - Weeks - Massman

KWM

Goethals Bridge Replacement

Goethals Bridge Replacement Project

Port Authority of New York and New Jersey

CONSTRUCTION DBE OPPORTUNITIES

The Goethals Bridge Replacement Project is a design-build project for the Port Authority of New York & New Jersey (the Authority). The project will replace the existing Goethals Bridge which spans the Arthur Kill River on I-278 connecting Elizabeth, New Jersey, and Staten Island, New York. The existing bridge, built in the 1920s, will be replaced with a dual span and the original bridge demolished. It is anticipated that the bridge will carry approximately 14 million vehicles eastbound annually.

Kiewit-Weeks-Massman, AJV (KWM) has been selected by the Authority to design and build the new Goethals Bridge. KWM is committed to providing a world class project for the people of New York and New Jersey. As part of their mission, KWM is also committed to providing meaningful employment opportunities for hundreds of construction individuals in the region, with particular outreach to the DBE community, and desires to meet or exceed federal requirements for diversity on this important construction project. If your DBE firm would like to apply to participate in this project, please use our website as a resource, www.goethals-kwm.com.

KWM VENDOR SOLICITATION LOG

All companies that fill out a Contractors Questionnaire will be added to our Vendor Solicitation Log which KWM uses for upcoming subcontract opportunities. If you would like to fill out a Contractors Questionnaire, please go to our website and visit the "Partnering" tab.

PARTNERING OPPORTUNITIES

- Shear Stud Installation
- Miscellaneous Metals Fabrication/ Supplier
- Concrete, Curb, and Gutter Flatwork
- Carpenter Form Fabrication
- Air Monitoring
- Horizontal Drilling
- Anti-Climb Fence on New Bridge Shared Use Path
- Lumber/Crane Mat Suppliers
- Furnish/Install Guiderail
- Abatement (PCB, Lead Based Paint, Asbestos)
- Deck Grooving
- Miscellaneous Electrical

Check our website for periodic updates on partnering opportunities!

MWDBE BONDING, LINES OF CREDIT, AND INSURANCE ASSISTANCE

For assistance in obtaining bonds, lines of credit, and/or insurance for this project, please visit our website or contact Anne at KWMdivcontracting@kwmjv.com for more information.

Project Office: 137 Bayway Avenue • Elizabeth, NJ 07202 • KWMdivcontracting@kwmjv.com

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FROM NEW YORK STATE CERTIFIED DBE SUBCONTRACTORS/VENDORS

Jamaica Capacity Improvements Phase 1, Platform "F"

MTA LIRR Contract No: 6185

Bid Date: March 21, 2016

Description of project: Construction of the new Platform "F" at the existing Jamaica Station for the LIRR. This includes the construction of a temporary access road; excavation and grading for new track alignments; construction of new tracks 11 and 12. The access to the new platform will be from the westerly bridge structure as well as the existing AirTrain mezzanine. This contract will extend the westerly bridge structure from Platform "E" to Platform "F". In addition, this contract will tie into the existing AirTrain mezzanine which will include the installation of an elevator (one) and an escalator (one). The new Platform "F" includes minipiles, concrete, precast concrete slabs, structural steel canopy, miscellaneous metals, architectural elements, mechanical, fire protection, plumbing, and electrical.

Subcontracting opportunities include but are not limited to: Testing and Inspection Sub, MPT Materials, Asbestos Abatement Sub, Fill Material, Selective Demolition Sub, Track Materials, Trackwork Sub, Micropile Sub, Drilled Shaft Sub, Geotech Vibration and Monitoring Sub, Concrete Materials, Reinforcing Furnish and Installation Sub, Precast Concrete Material, Masonry Sub, Granite/Stone Sub, Miscellaneous Metals Materials, Structural Steel Material, Platform Edge Rubbing Board, Waterproofing Sub, Roofing Sub, Intumescent Fireproofing Sub, Door Materials (including SS), Curtain Wall Sub, Translucent Panel Sub, Louver Materials, Signwall Sub, Metal-Panel Sub/Structures, Painting Sub, Glass and Glazing Sub, Bird Control Sub, Stryl Sub, Pre-Engineered Structures, Elevator Sub, Escalator Sub, Mechanical Sub, Fire Protection Sub, Plumbing Sub, Electrical Sub.

If you are interested in bidding on this project, please contact Skanska's Outreach Coordinator: Julia.Omanoff@skanska.com